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Dr Raluca Pais is MD PhD in Hepatogastroenterology Department and Institute of Cardiometabolisme and Nutrition, Pitié Salpetriere Hospital, Paris, France. She first completed her medical training at University of Medicine and Pharmacy “Iuliu Hatieganu” Cluj Napoca, Romania. She earned her doctoral degree at the University Pierre et Marie Curie, Paris VI for her work on the natural history and progression of non-alcoholic fatty liver disease, liver and cardiovascular related comorbidities related to NAFLD.

With the support of AP-HP (Assistance Publique Hopitaux de Paris) and ICAN (Institut of Cardiometabolism and Nutrition) she founded at Pitié Salpetriere Hospital, the NASH Clinic, the first hospital structure for the multidisciplinary care of patients with metabolic steatosis in France. This structure aims to anticipate and intercept the complications of NASH (early atherosclerosis, arterial hypertension, diabetes, etc.) and offer personalized care to each patient, taking into account their clinical phenotype, personal history and environment to ensure the best possible compliance with medical recommendations.

Dr Pais is also part of several European Consortia: EU projet Horizon 2020 EPOS (Elucidating Pathways of Steatohepatitis), Liver Investigation: Testing Marker Utility in Steatohepatitis (LITMUS) funded by the European Innovative Medicines Initiative 2 and EU-PEARL (EU Patient-Centric Clinical Trial Platforms) , a strategic partnership between the public and private sectors to shape the future of clinical trials.

How should the extrahepatic co-morbidities be treated?